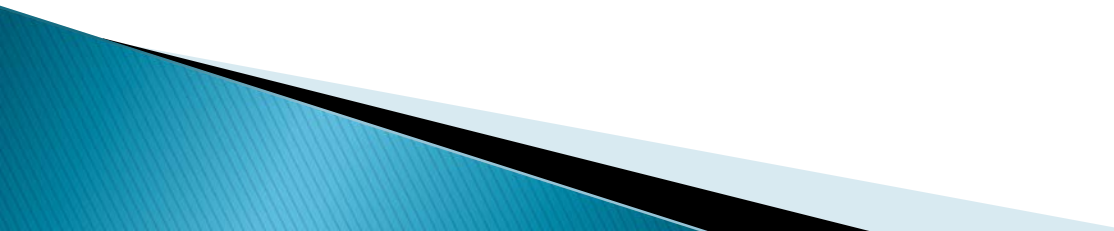
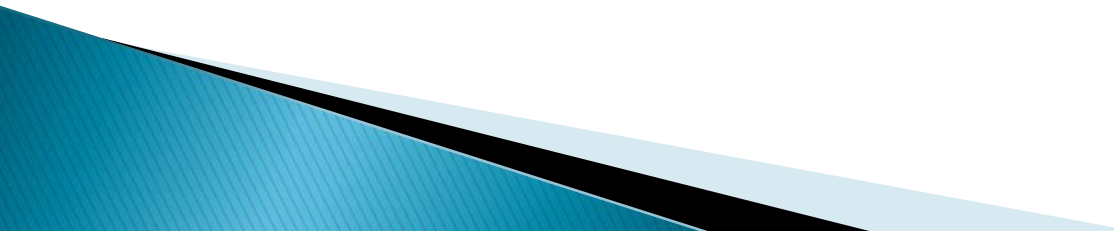


Disaster Preparedness Starts With You

Why Should You Be Prepared?

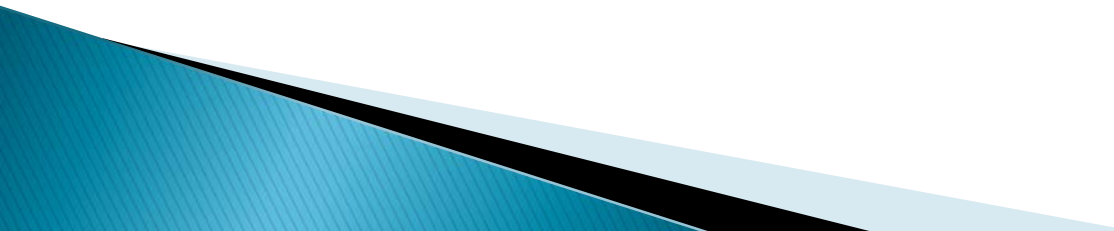
- ▶ Emergency resources may be limited
 - ▶ Helps you and those around you survive
 - ▶ Reduces fear and anxiety
- 

Preparing is Simple: Action Steps to Preparedness

- ▶ Get Informed
 - ▶ Make a Plan
 - ▶ Prepare Your Home
 - ▶ Assemble a Disaster and “Go” Kit
 - ▶ Maintain Your Plan and Kits
- 

Get Informed:

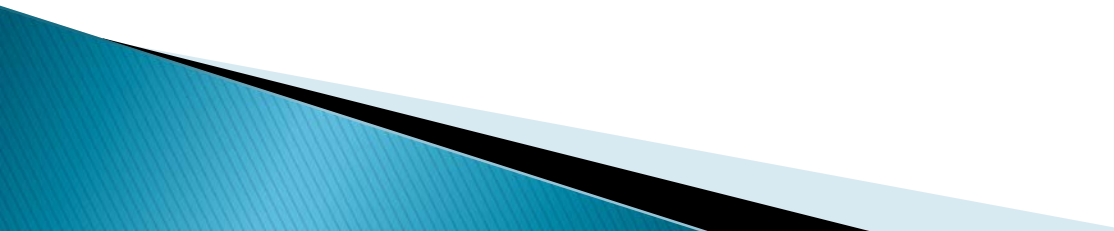
Types of Disasters in our area

- ▶ Flooding–Coastal and low lying areas
 - ▶ Fires (both forest and home)
 - ▶ Winter Storms
 - ▶ Disease Outbreak
 - ▶ Heat wave
 - ▶ Tornadoes/ Hurricanes
 - ▶ Hazardous Material Spill
- 



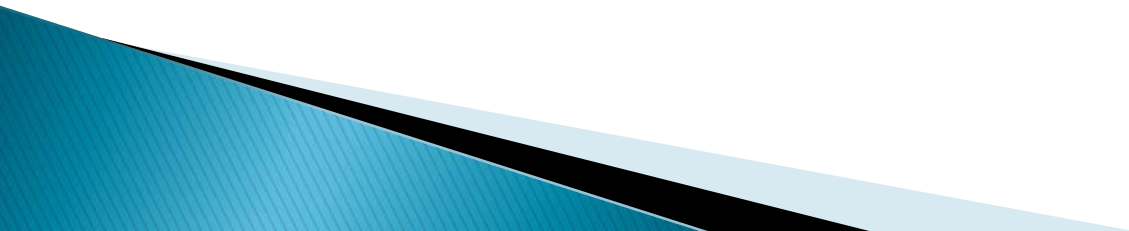
Get Informed:

Emergency Notifications

- ▶ Many communities now have systems that will send instant text alerts or e-mails to let you know about severe weather, road closings, local emergencies, etc. Essex–Swift 911, Gloucester Smart 911, Rockport–CodeRED, Manchester–Notify Me. Found at the communities Home page.
 - ▶ Use local media.
 - ▶ Social Media.
- 

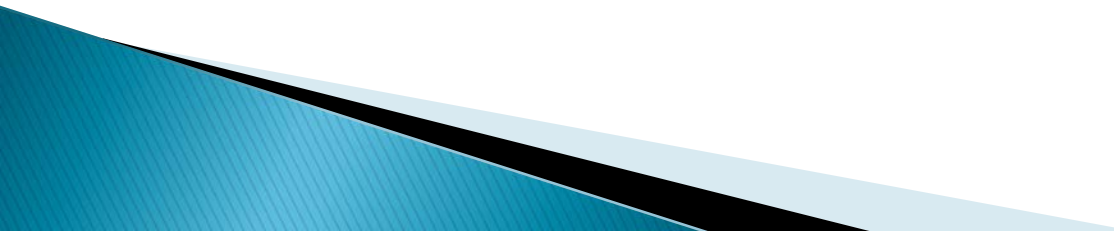
Make a Plan

Why is it important to
plan ahead?



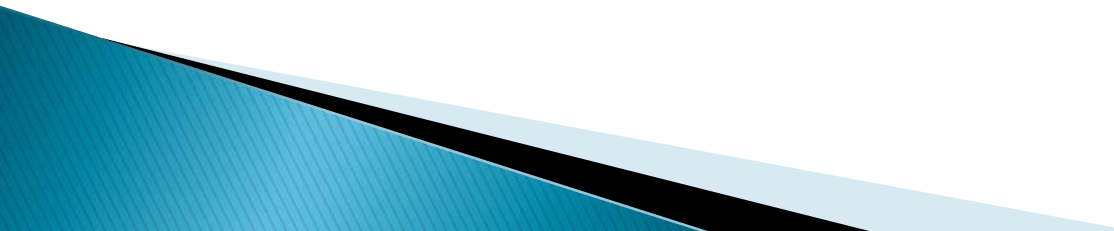
Make a Plan

Types of Preparedness Plans

- ▶ Personal (for home or workplace)
 - ▶ Family (includes everyone in your household--don't forget your pets)
 - ▶ Workplace (educate your co-workers on disaster preparedness)
- 

Make a Plan

Creating a plan

- ▶ Plan to survive on your own for at least 72 hours
 - ▶ Know your evacuation routes
 - ▶ Create a personal support network
 - ▶ Plan for services to be unavailable
 - ▶ Identify your “family contact”
 - ▶ Inventory home possessions–video.
 - ▶ Copy important documents
- 

Make a Plan

Don't forget to include...

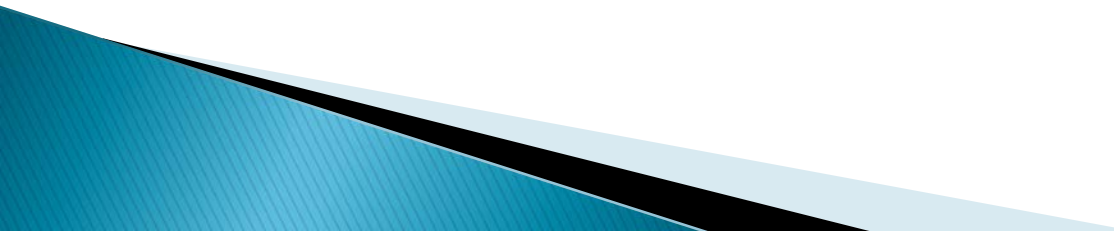
- ▶ Learn basic first aid and CPR skills
- ▶ Learn how to use a fire extinguisher
- ▶ Learn how to shelter in place
- ▶ Learn where your evacuation notices come from

Where do evacuation notices come from?

- ▶ Local law enforcement
- ▶ Radio
- ▶ Television
- ▶ Reverse 911 (if applicable in your area)

Make a Plan

Plan for pets and service animals

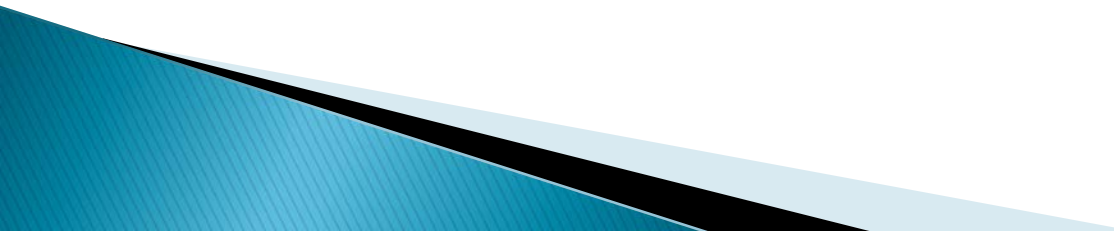
- Know the laws regarding pets and service animals in shelters
 - Plan for an alternative safe location for your pets
 - Prepare a disaster kit and carrier if applicable for your pet
 - Make sure pets and service animals are properly identified
 - Make copies of vaccination and shot history
 - Keep recent photos of you and your pet with your plan and kit
- 

► Prepare Your Home

Exterior

- General condition of home.
- Check windows, siding and shingles
- Foundation—insure drainage away from structure.
- Clear gutters and down spouts
- Clear vegetation, debris and remove overhead limbs.
- Generator use— install a “transfer switch”; never plug a generator directly into a wall outlet to avoid “back feeding” which can electrocute utility outside and 5–10 feet away from house. Use care refueling.
- Be sure house number visible on house and at end of driveway if needed.

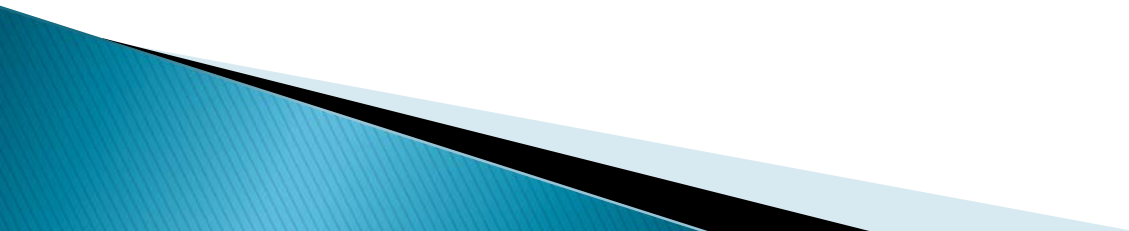
▶ **Prepare Your Home Interior**

- Smoke and Carbon monoxide detectors
 - Fire Extinguishers– General ABC Rating
 - Ensure exits clear and have alternate.
 - Clearances around heating appliances and electrical panels. 3 feet or manufacture recommendation.
 - Know where water and gas shut offs. Inform family
 - Sump pumps–make sure in working order/
plugged in, consider battery back-up
- 

Disaster Kits and Go Kits

What's the difference?

Stationary vs. Portable



Disaster Kit

- Must be easily accessible in your home or office
- Water (for everyone in the household for at least 72 hours)
- Non-perishable food (for everyone in household for at least 72 hours)
- Games and books for children
- Copies of personal documents
- Battery-operated or hand crank radio
- Flashlights and flameless candles
- Extra batteries
- Over the counter medicine
- First aid kit
- Change of clothes for members of the family
- Blankets
- Emergency whistle
- Hand sanitizer and personal hygiene items
- Plastic sheeting and duct tape for sheltering in place
- Cash

Go Kit

- Must be portable to take to evacuation center or shelter
- Water
- Non-perishable snack items
- Games and books for children
- Pen/pencil and paper
- Copies of important personal documents
- Personal hygiene items
- First aid kit
- Over the counter medications and personal prescriptions
- Battery operated flashlight and radio
- Extra batteries
- Clean change of clothes for family members
- Bedding (sleeping bag, pillow, blanket)
- Cash
- Other reasonable items to make you feel comfortable in a shelter

Maintaining your plan and kit

- Practice
 - Keep information updated on a regular basis
 - Change items in your kits every 6 months
 - Let your outside contact know where you keep your kit and what your plan is in the event of a disaster
 - Include your neighbors in your plan
- 